

# ANNUAL IMPACT REPORT

The Oaks Therapeutic Community, Inc.



**Restoring Worth. Cultivating Wellness.**

P.O. Box 208, Climax, NC 27233

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## MISSION

The Oaks Therapeutic Community, Inc. partners with people to find worth and wellness. Through five branches of care, we provide licensed clinical mental health counseling, intensive outpatient care, individual and corporate wellness consulting, community groups, and mental health education through media.

## ORGANIZATION FACTS

Established: 2017

Organization: Non-Profit 501(c)(3)

Federal Tax ID: 81-3938204



Alicia Brown, Executive Director

## Action Strategy

The Oaks Community employs a multi-layer care plan. We join with individuals--no matter where they need to begin--to offer hope, encouragement, and counsel. We are professionals and licensed counselors who recognize the need for a strategic, relational approach to the many challenges facing individuals. Using our holistic wellness model as a framework, The Oaks provides quality mental health services that help individuals create and sustain a lifestyle filled with healthy choices.

*"I needed  
to believe  
I was  
worth  
saving."*

-ANONYMOUS CLIENT



# 2023 PROGRAM HIGHLIGHTS

837

**A Beautiful New Space:** We watched a million miracles as our new office space was renovated and furnished throughout 2023! At least **207** volunteers devoted **837** hours to create **1** amazing space that triples our capacity to help. Thank you so much!

1,028

**Wellness Warrior Student Impact:** Using the Wellness Warrior curriculum written by our staff, The Oaks' team taught 12 weeks of wellness lessons to **1,028** students in grades 3-8. Our team facilitated workshops for **110** staff members and over **100** parents. This proactive Branch of Care equips schools and companies with a common language and knowledge to foster brain health and wellness.

1,465

**Counseling Sessions:** Our counselors conducted **1,465** counseling sessions in 2023- partnering with so many individuals as they work toward worth and wellness!

49

**Free Community Groups:** Our staff and volunteers facilitated 30 weeks of Worth & Wellness Community (WWC) groups for **49** participants. We began our first-ever male WWC this fall! Participants build healthy community and wellness skills in this free 10-week program.

\$35,920

**Mental Health Access for All:** Our financial partners provided **\$35,920** in 2023 to help remove the large obstacle of affordability to clients seeking mental health care without the financial means to do so. The benefits for clients, their families, and our community are immeasurable.

3,256

**Volunteer Impact:** Over **1,272** dedicated volunteers generously contributed a total of **3,265** hours of their time, translating to an incredible value of **\$103,540** in service! Their selfless efforts reflect both the power of collective generosity and the immeasurable value of their contributions to our mission.

272,774

**Media Education:** In partnership with a local telecommunications company, The Oaks co-authored 10 web-based wellness courses, which are completed by incarcerated individuals in jails nationwide. The Oaks' courses have **272,774** completions this year!

1

**Rooted Therapeutic Day Program:** The Oaks' leadership team has collaborated throughout 2023 to create **1** new phenomenal Branch of Care- an intensive outpatient program for adult women that provides 20 hours per week of licensed mental health care. Rooted is launching in March 2024! ([www.theoakscommunity.org/rooted](http://www.theoakscommunity.org/rooted))

*Celebrating God's faithfulness and your support resulting in a year of impact!*